

**PROFESSIONAL EXPERIENCE/COMPANIES:**

Ballet AZ Rehearsal Director/Ballet Mistress – 1986 thru 2001

AZ Dance Theater, 1984-1986

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Malmö Ballet (Sweden)

Ballet du Nord (France)

Alberta Ballet (Canada)

Atlanta Ballet 1973-1974

Wisconsin Ballet 1974-1976

Milwaukee Ballet 1976-1983

Arizona Metropolitan Ballet 1983-1984

**TEACHING EXPERIENCE:**

Teaching ballet since 1974

Chautauqua Institution 1986-1988

Sitka Alaska Summer Arts 1982

Arizona Dance Theater and Ballet AZ 1984-2001

Lexington Ballet and Fort Wayne Ballet 1986

**EDUCATION:**

Indiana University

School of American Ballet (scholarship)

American Ballet Theater School (scholarship)

Royal Danish Ballet

**HISTORY:**

Ms. Frey's early training began at Indiana University School of Music and was influenced by J. Kriza, A. Dolin, and K. Melville. She spent her teen years in scholarship programs with the School of American Ballet and the American Ballet Theater School and a year with the Royal Danish Ballet school studying with K. Simone. P. Jakobson, E. Franson and B. Bartolin.

Katharine's professional career began at the age of seventeen when she danced corps de ballet, soloist, and principle roles in classical and contemporary ballets. She danced during a time of American ballet that included the individuals from the "Ballet Russe" era (A. Dolin, A. Danilova) as well the Balanchine influences (B. Rodham) and classical contemporary influences (J. Cranko, C. Go, M. Mussman). At the age of twenty-seven, she began to assist director/choreographer, Jean Paul Comelin in staging his works as well as dancing and working with guest choreographers. She taught and rehearsed company repertoire, and was in charge of professional rehearsal, auditions and restaging of full length and repertoire ballets including: Daphnis and Chloe, Florestan, Mozart's Requiem, The Nutcracker, Sacre du Printemps, Midsummer Night's Dream, Les Juit d'Ete, Albinoni's Sonata for Ballet AZ. She transitioned from dancing, assisting, staging, and at the age of thirty-five, took on responsibilities as Ballet Mistress for Ballet AZ. Her experiences have included assisting many notables (V. Verde, F. Franklin, G. Masters, P. Neary, A. Markark) in creating numerous ballets including: Swan Lake, Giselle, Cinderella, and Copellia,, and have exposed her to various styles of dance (Limon, Taylor, Balanchine).